

PATIENT _____ DATE _____

POSTURAL EVALUATION

	L	R	L	R	L	R	L	R
Head Rotation								
High Shoulder								
Head Tilt								
High Ilium								
Cerv. Curve								
Thor. Curve								
Lumb. Curve								
Antalgic								

EXAM 1 _____ EXAM 2 _____
 EXAM 3 _____ EXAM 4 _____

MYOTOMES

Hip Flexion (L1-L2)
 Knee Extension (L3)
 Ankle Dorsi Flex. (L4)
 Ext. of Great Toe (L5)
 Ankle Plantar Flex (S1)
 Knee Flexion (S1-S2)

	L	R	L	R	L	R	L	R
Hip Flexion (L1-L2)								
Knee Extension (L3)								
Ankle Dorsi Flex. (L4)								
Ext. of Great Toe (L5)								
Ankle Plantar Flex (S1)								
Knee Flexion (S1-S2)								

CERVICAL ROM

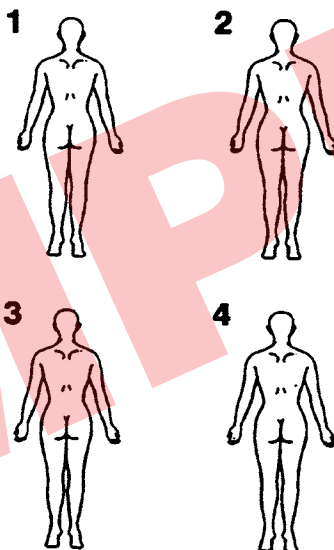
Flexion	75				
Extension	60				
R. Rotation	80				
L. Rotation	80				
R. Lat. Flex.	70				
L. Lat. Flex.	70				

VITAL STATISTICS

Height #1 _____ #2 _____ #3 _____ #4 _____
 Weight #1 _____ #2 _____ #3 _____ #4 _____
 B P #1 _____ #2 _____ #3 _____ #4 _____
 Temp #1 _____ #2 _____ #3 _____ #4 _____

THORACO-LUMBAR ROM

Flexion	90				
Extension	35				
R. Rotation	35				
L. Rotation	35				
R. Lat. Flex.	45				
L. Lat. Flex.	45				



DIAGNOSIS

#1 _____
 #2 _____
 #3 _____
 #4 _____

CERVICAL ORTHOPEDIC

Cerv. Compression				
Cerv. Distraction				
Shoulder Distraction				
Soto Hall				

OTHER TESTS

LUMBO PELVIC ORTHOPEDIC

	L	R	L	R	L	R	L	R
Straight Leg Raise								
Braggard								
Ely								
Thomas								
Gaenslen								
Minor Sign								
Kemps								
Deerfield								

EXAM NOTES

SPECIAL TESTS

Heel Walk				
Toe Walk				
Valsalva				
George's				
Cerv. Syndrome				

REFLEXES

Biceps				
Triceps				
Brachio Rad.				
Patellar				
Achilles				