

PATIENT SYMPTOM SURVEY

Patient Name: _____ Date: _____

PLEASE CHECK YOUR PAST & PRESENT SYMPTOMS SO WE CAN BETTER EVALUATE YOUR PROBLEM

GENERAL

PAST NOW

- fatigue
- sleep problems
- swollen glands
- hot or cold intolerance
- frequent headaches
- weight loss
- weight gain
- fever or chills
- allergies

NERVOUS SYSTEM

- dizziness
- blurred vision
- fainting
- paralysis
- tremors
- numbness/tingling
- convulsions
- imbalance
- memory loss
- muscle weakness

URINARY

- painful urination
- frequent urination
- hard to urinate
- incontinence
- bed wetting
- discolored urine
- frequent infections
- prostate problems
- unusual discharge

HEAD

- headache
 - entire head
 - back of head
 - forehead
 - temples
 - migraine
- head feels heavy
- loss of memory
- light-headedness
- fainting
- light bothers eyes
- loss of smell
- loss of taste
- loss of balance
- dizziness
- loss of hearing
- pain in ears
- ringing in ears
- buzzing in ears

NECK

- pain in neck
- neck pain with movement
- pinched nerve in neck
- neck feels out of place
- stiff neck
- muscle spasms in neck
- grinding sounds in neck
- grating sounds in neck
- popping sounds in neck
- arthritis in neck

EMOTIONAL

PAST NOW

- anxiety or worry
- frequent crying
- anger
- tension
- mood swings
- fear
- restlessness
- confusion
- depression
- suicidal

REPRODUCTIVE SYSTEM

- painful intercourse
- prostate problems
- sexual problems
- loss of sex drive
- genital infections
- Birth Control Method _____

WOMEN ONLY

- cramps
- PMS
- irregular periods
- Are you Pregnant? Yes
 No
- date last period _____
- # of pregnancies _____
- # of miscarriages _____
- # of abortions _____
- date last PAP _____
- difficult labor
- breast problems

LOW BACK

- low back pain
- Low Back pain is worse when:
 - working
 - lifting
 - stooping
 - standing
 - sitting
 - bending
 - coughing
- pinched nerve in low back
- slipped disk
- low back feels out of place
- muscle spasms
- arthritis

MID BACK

- mid back pain
- pain between shoulder blades
- sharp stabbing pain/midback
- muscle spasms

CHEST

- chest pain
- shortness of breath
- pain around ribs

EENT

PAST NOW

- earache
- ear discharge
- ringing in ears
- hearing loss
- nosebleeds
- hoarseness
- problems swallowing
- sore throat
- jaw tight or sore
- dental problems
- glasses/contacts

MUSCULOSKELETAL

- joint swelling
- muscle cramps
- neck pain
- shoulder pain
- tennis elbow
- arm pain
- hand sensations
- loss of grip
- midback pain
- rib pain
- low back problems
- hip pain
- foot problems
- leg cramps
- knee pain
- ankle weakness
- tingling foot

SHOULDERS

- pain in shoulder joint
- pain across shoulders
- bursitis (R-L)
- arthritis (R-L)
- Can't raise arm:
 - above shoulder level
 - over head
- tension in shoulders
- pinched nerve in shoulder
- muscle spasms in shoulders

ARMS & HANDS

- pain in upper arm
- pain in forearm
- pain in hands
- pain in fingers
- pinched nerve in arm
- pinched nerve in fingers
- pins & needles in arms
- pins & needles in fingers
- fingers go to sleep
- hands cold
- swollen joints in fingers
- arthritis in fingers
- loss of grip strength

HEART/LUNG

PAST NOW

- chest pain
- high blood pressure
- low blood pressure
- persistent cough
- hard to breathe
- coughing blood
- coughing phlegm
- irregular heartbeat
- varicose veins
- ankle swelling

GASTROINTESTINAL

- change in appetite
- thirst
- nausea
- vomiting
- diarrhea
- constipation
- gas
- hemorrhoids
- gall bladder
- belching
- heartburn
- abdominal pain
- bloody/black stools
- indigestion
- liver trouble

SKIN

- easy bruising
- dry skin
- itching
- boils
- rashes
- excessive sweat
- hair changes

HIPS, LEGS & FEET

- pain in buttocks (R-L)
- pain in hip joint (R-L)
- pain down leg (R-L)
- pain down both legs
- leg cramps
- pins & needles in legs
- numbness of leg (R-L)
- numbness of feet (R-L)
- numbness of toes
- feet feel cold
- cramps in feet (R-L)
- swollen ankles (R-L)
- swollen feet (R-L)
- painful joints in toes
- pain in foot (R-L)
- pain in knee (R-L)

GENERAL

- nervousness
- irritable
- depressed
- fatigue
- generally feel rundown
- loss of sleep
- loss of weight